

## *DEMO DAY 2016*

### *BIND-OFF TECHNIQUES*

#### 1. TRADITIONAL KNITTED BIND-OFF

Most often used bind-off. It has a chain effect when completed. Use a larger needle to bind-off to avoid being too tight. Begin by knitting 2 stitches, slip the first stitch over the second on the right needle. Knit the next stitch on the left needle and then pass the first stitch on the right needle over this second stitch. Continue in this manner until all stitches are bound off leaving one stitch remaining on the right needle. Cut the yarn leaving an appropriate length of tail to weave in later, and pass the tail through the last stitch on the needle to secure.

#### 2. DECREASE BIND-OFF

This is a versatile bind-off that has a similar chain look to the traditional knitted bind-off and results in a tidy and flexible edge. Knit 2 stitches together through the back loop. Slip the one stitch created on the right needle back onto the left needle and again K2 tog through the back loop, slip the stitch on the right needle back onto the left needle and continue in this manner until all stitches have been bound off. Cut the yarn and pass the tail through the remaining stitch on the right needle to secure.

#### 3. SEWN BIND-OFF (Elizabeth Zimmerman)

This bind-off gives you a very flexible edge (good for the top of socks). Cut your working yarn at least 3 times longer than your finished edge. Thread a darning needle with the length of yarn and \*insert it purlwise into the first 2 stitches together on your knitting needle and draw your yarn through the 2 stitches. Reinsert your needle into the first stitch on your knitting needle knitwise and draw the yarn through the stitch and slip the stitch off the knitting needle.\* Repeat from \* until all stitches are used up. When you get to the last stitch on your needle, pull the yarn tail through to secure.

#### 4. 3 NEEDLE BIND-OFF

A 3-Needle Bind-off is a method for binding off the stitches on two pieces of fabric and seaming them together at the same time. With right sides together, hold in one hand two needles with equal number of stitches on each.

With third needle, knit together one stitch from each needle, then \*knit together one stitch from each needle (so now there are 2 stitches on your right needle) pass first stitch worked over second to bind off, repeat from \* across to last stitch.

Cut working yarn and pull through last stitch to secure.

#### 5. Picot Bind-Off

Picot bind-off creates a pretty decorative edge to your project. Useful on the top of socks or the bottom of cardigans and scarves. You begin by casting on 2 stitches onto the end of your last row worked. Then bind-off 3 stitches. (2 bound-off stitches will be the 2 that were cast on, and the 3rd is from the stitches already on the needle). Move the remaining 1 stitch on the right

needle onto the left needle. \*Then cast on 2 stitches and bind off 3. Continue in this manner until all stitches are used up. Cut the yarn and pull the tail through the last stitch to secure it. This is a multiple of 5 stitches.

#### 6. I-Cord Bind-Off

This bind-off creates a decorative finish that can be used for button bands or edgings and the top of pockets. Start by casting on 3 stitches onto the end of your project. \*Knit 2 stitches and then knit the next 2 stitches together through the back of the stitches. Transfer these 3 stitches back onto the left needle, pulling the yarn from the back, repeat from \* to the last stitch remaining. Cut your yarn and pull the tail through the last stitch to secure it.

#### REFERENCES:

Lion Brand, Bind-offs, great Endings to your knitting project /different bind-offs.

<http://blog.lionbrand.com/2013/06/11/bind-offs-great-endings-to-your-knitting-project-pt-2/>

Knitting tips by Judy

<https://youtu.be/KEbaZ6COOYk>

“Homemade to Handmade” by Myriam Dostert